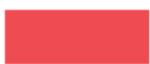




# Prevent COVID-19 (Novel Coronavirus)

First Nations Health Authority **by Cleaning your Phone**  
Health through wellness



**Clean your phone twice daily or as needed.**

Turn off your phone and unplug all cables.

Use gloves before cleaning your phone (optional).

Always check manufacturer guidelines before cleaning your phone.

## STEP 1: CLEAN (removing germs and dirt)

Use a soft, lint-free cloth with warm soapy water. Avoid getting moisture in openings.

## STEP 2: DISINFECT (killing germs)

Gently wipe the exterior of your phone using a 70 per cent isopropyl alcohol wipe.

Do not use bleach.



**Wash your hands after cleaning your phone.**

For more information: <https://www.fnha.ca/coronavirus>