



Eagle Lake First Nation

SEPTEMBER 2022

# MIGISI SAHGAIGAN

## SUMMER NEWSLETTER



Text and photos by various workers and members in the community.



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# Introduction and Updates

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Migisi Sahgaigan staff and community members would like wish everyone a safe and enjoyable Fall. Welcome to the summer edition of the Migisi Sahgaigan newsletter. Our newsletter's come in both digital and printed formats. The Health Centre and mailboxes will have printed formats available. For digital copies visit our website at [www.eaglelakefn.ca](http://www.eaglelakefn.ca) or join the Facebook page Migisi Sahgaigan First Nation for a copy.



# Upcoming Events

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**TikTok Challenge registration September 1st, 2022**



**Back to School BBQ September 2nd, 2022**



**Migisi Sahgaigan School Begins September 6th, 2022**



**Kyle Gardner Memorial Fish Derby September 17th & 18th, 2022**



**Signing of the Treaty October 3rd 2022**



**Moose Camp October 3rd to 7th, 2022**



**Elections October 7th, 2022**



# Events from Summer 2022

Summer Celebration July 1st, 2022



## Summer Celebration Fish Derby Winners!

Apologies to anyone we may have missed. Altogether we had 42 participating in the Derby!!

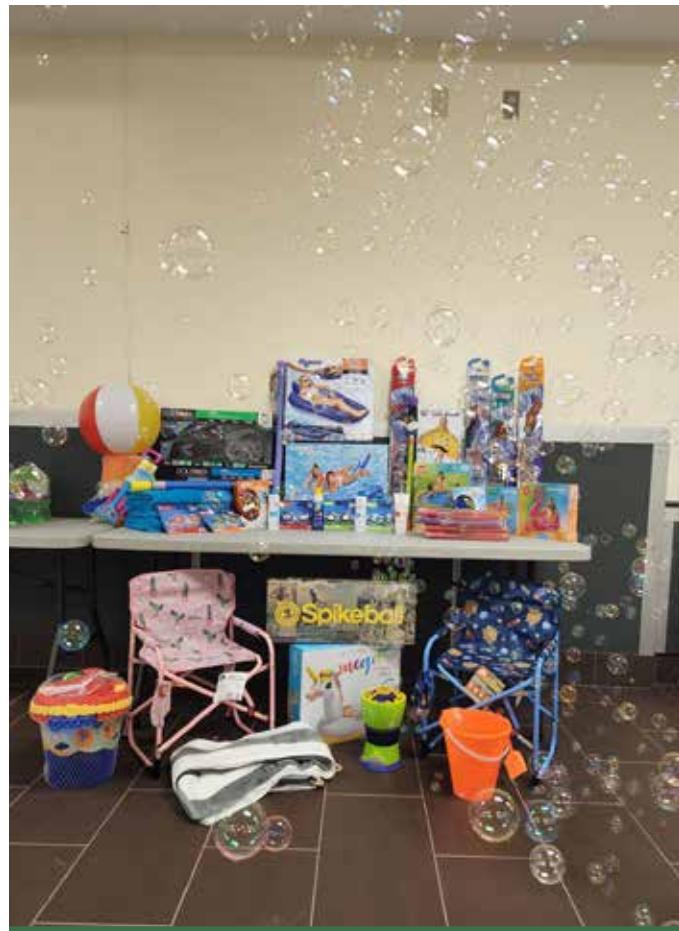


## Merchandise Bingo Prizes and Players



## Beach Party

The beach party was coordinated by the Lands and Resources and Health Centre staff and Band staff.



## NHL Draft Daimon Gardner July 20th, 2022



# Eagle Lake Band Meetings and Events

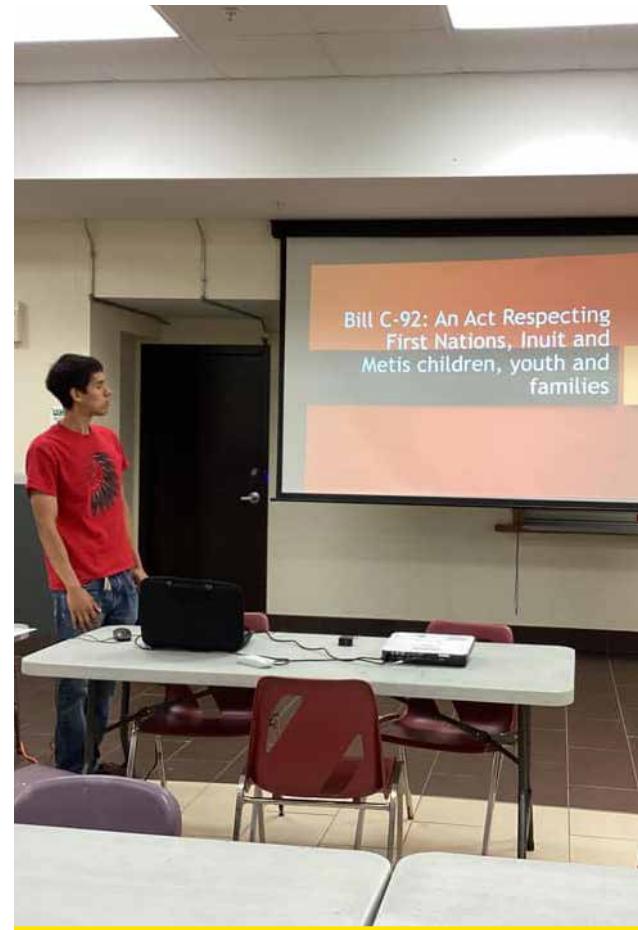
A screenshot of the Eagle Lake First Nation Education website. The page features a dark blue header with the school's name in white. Below the header is a large yellow star containing text about the student population. To the left is a sidebar with links for the School Board, Education Staff, and Education Facilities. The main content area includes sections for School Programs (with a photo of a student), School Funding (with a photo of a person), and a large image of a student in a classroom. The bottom of the page has a footer with links to the First Nation Education website and the Ontario Ministry of Education website.

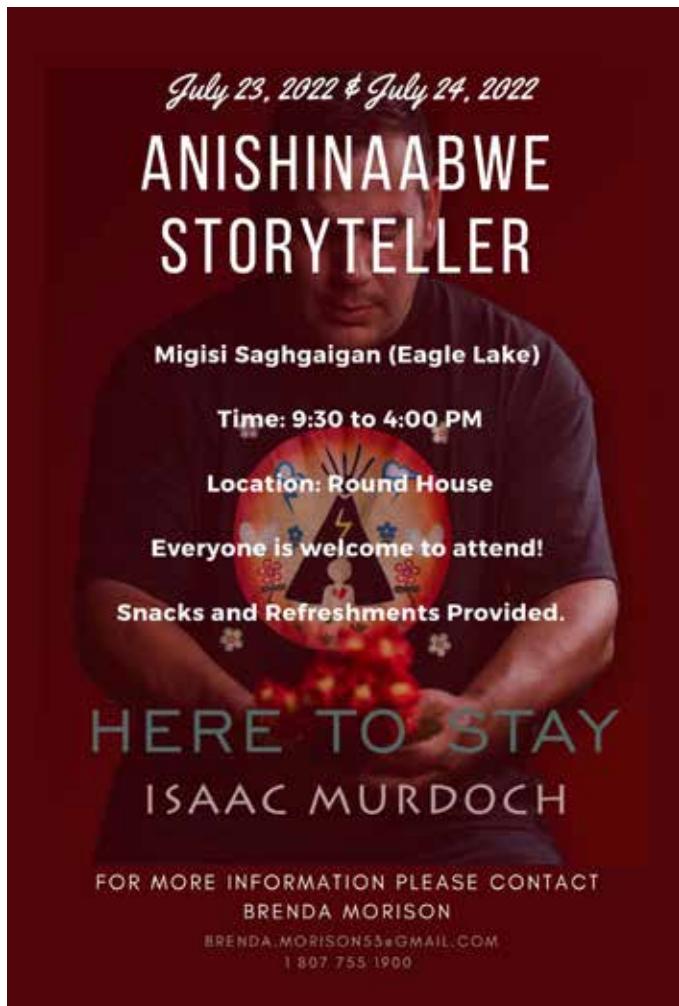
AUGUST 23, 2022

# BILL C-92

AN ACT RESPECTING FIRST NATION, INUIT AND METIS  
CHILDREN, YOUTH AND FAMILIES

Meeting at Community Hall  
at 10 A.M.- 12 P.M. Lunch  
Lunch wil be provided





## Nominations Meeting



**Notice of Nomination Meeting**

Eagle Lake First Nation

Notice is hereby given that a meeting of the electors of the First Nation will be held at the Community Hall on Friday, the 26 day of August, 2022, beginning at 6 o'clock p.m., and lasting for at least three hours, for the purpose of nominating candidates for the positions of chief and councillors on the Band Council of the said Band, for the next ensuing term. There are 3 councillor positions and one position for chief available. The election will be held at the Community Hall on Friday, the 7 day of October, 2022.

Please note that any voter may nominate candidates by using a mail-in nomination form. You can either deliver or mail-in a written nomination and a completed, signed and witnessed voter declaration form to the Electoral Officer before the time set for the nomination meeting OR you may nominate candidates orally at the nomination meeting. Mailed nominations not received by the Electoral Officer before the time set for nomination meeting are void. Also note that any voter may vote by mail-in ballot.

Given under my hand at Eagle Lake First Nation this 27 day of July, 2022.

Michelle Brugere Box 1010 MS10101 Jct 801, Hwy 6N, Pov 340 Phone No. 8072206171  
Signature of Electoral Officer

If you agree to have your name and address released to any candidate at this election for the purpose of sending you campaign literature, please check the statement below, print and sign your name, detach this form at the dotted line and return the bottom portion to the Electoral Officer's address above.

I authorize my name and address be released to any candidate at this election.

Address: \_\_\_\_\_  
 Street number and name \_\_\_\_\_ Post number/box number \_\_\_\_\_ Postal code \_\_\_\_\_

Print Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Signature \_\_\_\_\_

**Nominations**

Arnold Gardner - Chief  
 Joseph Wahonge - nominator  
 Cindy Pitchenese - seconded

Trista Kavanaugh - Councillor  
 Josephine Kavanaugh - nominator  
 Jon Allan Gardner - seconded

Lloyd Napish - Chief  
Marguerite Wahonge - nominator  
(missp.)  
Lloyd Napish - seconded

Virginia Meawasige - Councillor  
 Joseph Wahonge - nominator  
 Cindy Pitchenese - seconded

Kevin Pitchenese - Councillor  
 Cindy Pitchenese - nominator  
 Joseph Wahonge - seconded  
 (missp.)

Marguerite Kavanaugh - Chief  
 Shawn Kavanaugh - nominator  
 Lori Kavanaugh - seconded

Isabel Pitchenese - Councillor  
 Daniel Pitchenese - nominator  
 Phyllis Pitchenese - seconded

Terisha Kavanaugh - Chief  
 Phyllis Pitchenese - nominator  
 Jenny Pitchenese - seconded

**Nominations**

Bill Gardner - Councillor  
 Sarah Turner - nominator  
 Virginia Meawasige - seconded

Amanda Meawasige - Chief  
 Curtis Barker - nominator  
 Jonathan Gardner - seconded

Curtis Barker - Councillor  
 Ashlea Barker - nominator  
 Precious Adams - seconded

Lloyd Napish - Councillor  
 Lorrie Sky - nominator  
 Robbie Napish - seconded

Tim Kavanaugh - Chief  
 Ashlea Barker - nominator  
 Cheyenna Gardner - seconded

Bernadette Wahonge - Chief  
 Andy Sky - nominator  
 Lorrie Sky - seconded

Mitchell Lands - Councillor  
Frances Kavanaugh - nominator  
Mitchell Lands - seconded

Toronto Gardner - Councillor  
Frances Kavanaugh - nominator  
Toronto Gardner - seconded

**Nominations**

Sheldon Adams - Councillor  
 Juanita Adams - nominator  
 James Gardner - seconded

~~Tim Kavanaugh - Councillor~~ No Seconded  
Cheyenna Gardner - nominator

Vince Gardner - Councillor  
 Cheyenna Gardner - nominator  
 James Gardner - seconded

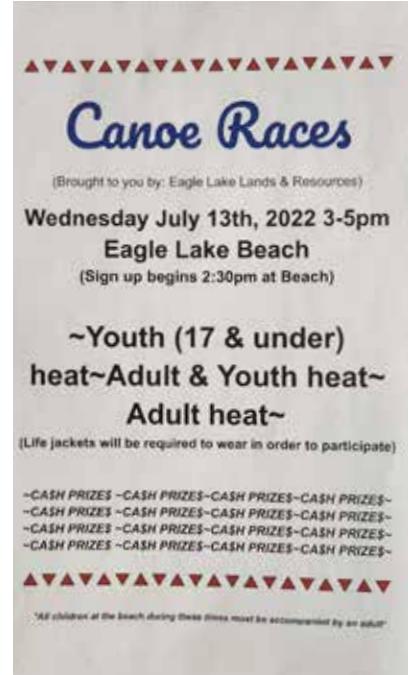
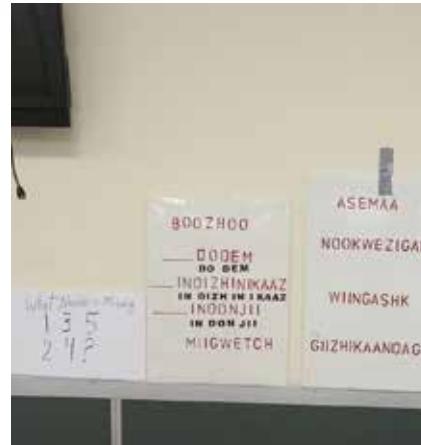
Pat Kavanaugh - Councillor  
 James Gardner - nominator  
 Robbie Gardner - seconded

Bill Gardner - Chief  
 Chris Gardner - nominator  
 Fred Wahonge - seconded

# Eagle Lake Health Centre Events

Family Wellness Camp / Language Teaching July 12th, 2022

Updated July 12/22 FAMILY WELLNESS SCHEDULE OF EVENTS		
TUESDAY, JULY 12, 2022	WEDNESDAY, JULY 13, 2022	THURSDAY, JULY 14, 2022
9-10 AM OLYMPIC PRIMER 10-11 AM OLYMPIC GAMES WORKSHOP	10-11 AM KIDS CORNER (KIDS ACTIVITIES AND BOUNCY CASTLES)	10-11 AM KIDS CORNER (KIDS ACTIVITIES AND BOUNCY CASTLES)
10-11 AM KIDS CORNER (KIDS ACTIVITIES AND BOUNCY CASTLES) SCHOOL GYM	10-11 AM SEWING WITH RUTH	10-11 AM SEWING WITH RUTH
10-11 AM SEWING WITH RUTH SCHOOL GYM	10-11 AM AAC'S PROGRAM PRESENTATION ROBERT GARDNER SR.	10-11 AM SURFIA BOOTH & GAMES
10-11 AM KCA OCCUPATIONAL THERAPIST FINE MOTOR SKILLS FUND (SCHOOL, DINA)	10-11 AM FANTASTIC BOOTH CASTLES 6+	11-11 PM LANDS AND RESCUE EUN PRESENTATION
10-11 AM REFLEXOLOGY BENIE ARRIEZ	10-11 AM KCA TIE DYE T-SHIRT STATION FUN WITH FAMILY SYSTEM NAVIGATOR	10-09 PM KCA TIE DYE T-SHIRT STATION FUN WITH FAMILY SYSTEM NAVIGATOR
11-1PM LUNCH	11-1PM LUNCH	11-1PM LUNCH
1-3PM DUOS OLYMPIC - CANCELED DUE TO WEATHER 1-3PM FAMILY EXERCISE AWARENESS PRESENTATION 1-3PM FAMILY SWIMMING 1-3PM TEAM WORK PRESENTATION DINA	1-3PM COMMUNITY SCAVENGER HUNT 1-4PM FEDERS AFTERNOON - RINGS - LIVE MUSIC 3-3PM EUN LANDS AND RESOURCE CANOE RACES 2-3PM AAC'S FISH POND	1-3PM DRYDEN AREA FAMILY HEALTH TEAM - SARAH HATCH NURSE FUNCTION B STUDENT - BEAGHAN MCGREGOR BLOOD PRESSURE & HEART HEALTH - VICKI HUTCHISON ABC AND DIABETES - LEANNE TAYLOR HEALTHY RELATIONSHIPS 1-4PM FAMILY SWIMMING - TUBING - WATER SPORTS KCA SPONSORED EVENT (CARDOING AND KAYAKING)
DINNER 5-6:30PM JENNIFER ADAMS	DINNER 5-6:30 PM ROAST ON SITE COOKING ALL DAY	DINNER 5-6:30PM APRIL BIRD CATERING
5-6:30PM NORDEN LASER TAG (SCHOOL GYM)	5-7PM TALENT SHOW 7-8PM KARAOKE-ALL AGES	5-8PM CLINT DUTALAMU BAND (MAIN TENT)
6-8PM GAMES, YOUTH TAG, KARAOKE, CARDS, JUMPER, FAMILY KARAOKE GAMES (MAIN TENT)		





## Eagle Lake Health Centre Cultural Camp









# 40th Anniversary Lake Of The Eagles Pow Wow

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40th Anniversary Migisi Sahgaigan Pow Wow July 29th - 31st, 2022

**40<sup>th</sup> ANNIVERSARY POW WOW**

**Friday, Jul 29 - Sunday, Jul 31**

**Migisi Sahgaigan First Nation, Eagle Lake, ON**

**24-hour security available**

**Host Drum**  
Kekenawepinens

**Co Host Drum**  
Little Feather

**MC's**  
Clarence White  
Gilbert Smith

Open to everyone. Honorariums for Drums & Dancers provided.  
ELFN Pageant on Saturday 2PM. Vendors will be present. Absolutely  
NO drugs or alcohol permitted. Nevadas stands and draws will be  
available. Featured: Kyle Gardner Men's Traditional Special.  
Honour song for Damion Gardner

## Pow Wow Pageant Winners 2022



## Kyle Gardner Men's Traditional Dance Special Winners



# Youth Centre Events

## Survival Camp Youth Experimental Lakes August 15th - 19th, 2022

GRAND COUNCIL TREATY #3 & GREEN ADVENTURES PRESENTS:

### 2ND ANNUAL AAKODE'EWIN YOUTH SURVIVAL CAMP

AUGUST 15TH - 19TH 2022 | EXPERIMENTAL LAKES

Open to Treaty #3 youth ages 16-26

Youth ages 16 & 17 must have chaperone present and all youth must be able to paddle between 5-15 km per day.

(All camping and canoeing equipment will be provided for each youth and chaperone)

**REGISTRATION DEADLINE: AUGUST 8TH, 2022**

Youth will tour IISD Experimental Lakes Facilities and also learn camping and cooking skills, orientation to canoeing, 101 AND MANY MORE SKILLS with Green Adventures and discover pictographs along experimental lakes!

MILEAGE WILL BE PROVIDED FOR YOUTH OR DESIGNATED DRIVER AND HONORARIM WILL BE PROVIDED TO ALL YOUTH WHO COMPLETE AAKODE'EWIN SURVIVAL CAMP!

CHANCE TO WIN A DRONE, LOTW SPORTS HEADQUARTERS BUNDLE AND MANY MORE PRIZES!

For more information please contact: [tassanee.weese@treaty3.ca](mailto:tassanee.weese@treaty3.ca) or call 807-548-4214 ext 713

**GRAND COUNCIL TREATY #3** **GREEN ADVENTURES** **GRAND COUNCIL TREATY #3  
HEALTH CENTER**



## Summer Students Employment Presentation



## Body Soap Making



# Abinoojii Cultural Camp

AAFS Cultural Camp August 23rd - 25th, 2022





# September 2022 Calendar of Events



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	3 Drive In Movie Family Night: DC League of Super Pets Contact Roxanne 755-1157	1	Meet and Greet with new Community Wellness Worker 12pm 2pm and back to school BBQ Youth Centre Community Paramedic Visit 1pm Health Checks	3
4	5 Health Centre Closed	6   Reflexology Bernie A	7	8 Reflexology Linda Smith	9	10 <b>PAL COURSE WATCH FOR DETAILS</b>
11 <b>PAL COURSE WATCH FOR DETAILS</b>	12	13 Community Karaoke Night 6-9pm Community Hall	14 Brighter Futures Shoebox Car Racing Migisi School 6-7pm Reflexology Donaldad Lockyer	15 Mobile Mental Health and Addictions Clinic in Community Traditional Healers @ Health Centre	16 Foot Care Day call the clinic to book Traditional Healers @ Health Centre	17  YOUTH CENTRE OPEN MOVIE/BONFIRE NIGHT 4-9PM
18	19 Foot Care Day call the clinic to book	20 Youth Centre Floor Hockey Location to be Determined	21 Community Wellness Program: Sharing Circle 5pm Reflexology Donaldad Lockyer	22 Mobile Mental Health and Addictions Clinic in Community	23	24
25	26 Community Luncheon: Soup and Bannock 12PM Health Centre	27	28	29 Mobile Mental Health and Addictions Clinic in Community	30 Health Centre Closed Truth and Reconciliation Day	

Have questions about programming or wish to sign up for an event call 755-1157

# September 2022

## Youth Hub



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Tik Tok challenge registration	2 Back to school BBQ.	3
4	5 <b>closed</b>	6 <u>First day of school</u>	7	8 Deadline for TikTok challenge	9	10 PAL Course
11 PAL Course	12	13 Community karaoke night	14 Smoothie night	15	16	17 Movie/fire night
18	19	20 GYM night	21	22	23 Milkshake night	24
25	26	27	28 Floorhockey gym or arena tba	29	30 <b>closed</b>	

Nicole Adams  
Youth Worker  
807-755-2539  
Youth@migisi.ca



Look out for  
posters for  
challenges  
or events!

Come hang out.  
Play games,  
watch a movie,  
make a craft,  
bake, cook a  
meal.  
Endless  
possibilities!

**"Youth  
has no  
age"**

**HUB HOURS**  
Monday 9am-  
5pm  
Tues-Fri 12pm-  
8pm  
Once a month  
Saturday 4pm-  
9pm

# September 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	28	29	30	31	1 Drive Inn Movie: DC League of Super Pets	2
	4 Labour Day Health Centre Closed	5	6 	7 SHOEBOX CAR RACING Registration OPEN Pick up @Migisi School 6-8 pm	8 Disco Roller Skating/Blading @ Woodland Arena 6-8 pm	9 
	11	12	13	14 SHOEBOX CAR RACING Migisi School Hill 6-7pm Race	15	16
	18 	19	20 Cooking a Traditional Dinner with Leanna 4-6 Youth Hub	21	22	23 Bannock Bake Off Registration OPEN Pick up @ Mjisi Schoo
25 Bannock Bake OFF with Leanna Migisi School Judging starts @ 7 pm	26 	27	28	29 Disco Roller Skating/Blading @ Woodland Arena 6-8 pm	30 National Day for Truth & Reconciliation <i>Wear Orange</i>	1
2	3 <b>Brighter Futures Programming</b> Eagle Lake Health & Resource Centre Roxanne Pitcherene 807 755 1157 Brighter Futures Coordinator 					

## September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 Meet and greet with new Community Wellness Worker and Back to School 12 pm – 2 pm	3
4	5 Health Centre Closed  Labour Day	6  A banner with the text "BACK TO SCHOOL" in large, stylized letters. Below the text are small illustrations of school-related items like a pencil, a book, and a graduation cap.	7	8 Fall Scavenger Hunt Online Announcement	9 International FASD Awareness Day "Rock your Red"	10  A pair of red and white Converse-style sneakers.
11	12	13	14	15 Traditional Healer and Mobile Mental Health and Addictions Clinic	16 Traditional Healer	17
18	19  A black and white photograph of a mobile clinic unit, which appears to be a van or truck with a small structure attached for medical services.	20	21 Sharing Circle 5 pm	22 Fall Scavenger Hunt Online Submission Deadline	23  A vibrant autumn leaf, likely a maple leaf, showing shades of orange, yellow, and red.	24
25	26	27	28	29	30 Health Centre Closed  Truth and Reconciliation	

Teagan Marion, Community Wellness Worker

Eagle Lake Health and Resource Centre

Office: (807)755-1157. Email: [communitywellness@migisi.ca](mailto:communitywellness@migisi.ca)