



April, 2025



Welcome to our April Newsletter!

Spring has officially arrived... at least on the calendar! While the snow seems to be hanging on a little longer than we'd like, we're still embracing the season with fresh updates, community highlights, and plenty of things to look forward to.

This month's newsletter features recaps of March Break events, helpful financial wellness tips, upcoming information sessions, and more. We're excited to keep sharing stories that reflect the heart and growth of Fort William First Nation—even if we're still shoveling once in a while.

Spring joke of the month:

Why shouldn't you ever trust Spring?

Because they always flake before it warms up!

**In this
newsletter
you can expect:**

Events

Event
Highlights
from March

Welcoming
Wealth
Workshop

Community
Easter Draws

FWFN
Business
Advertisement

Events



Yoga with Michelle Derosier

When: Every Tuesday in April
from 5:00pm-6:00pm

Where: FWFN Gymnasium

Free Skate

When: Every Tuesday, Wednesday &
Thursday in April from
3:00pm - 5:00pm

Where: Arena Rink #2



17+ Rec Nights

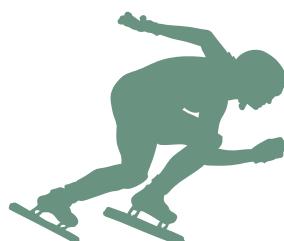
When: Every Wednesday in April
from 6:00pm - 9:00pm

Where: FWFN Gymnasium

Free Skate

When: April 4 & 11, 2025, from
3:00pm - 5:00pm

Where: FWFN Gymnasium

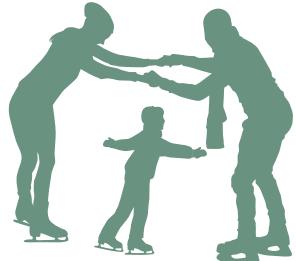


Youth Rec Nights

When: April 4 & 11, 2025, from
6:00pm - 8:30pm

Where: FWFN Gymnasium

Events



Family Skate

When: Sunday, April 13, 2025, from 2:45pm - 4:15pm

Where: Arena Rink #2

Family Program

When: Monday, April 14, 2025, from 4:30pm - 7:30pm

Where: Community Centre



55+ Program

When: Thursday, April 17, 2025, doors open at 12:00pm

Where: Community Centre

Elder's Paint Night

When: Friday, April 25, 2025, from 6:00pm - 8:00pm

Where: FWFN Gymnasium



4th Annual Job Fair

When: Saturday, April 26, 2025, from 11:00am - 3:00pm

Where: Community Centre

Event Highlights from March

March Break Emergency Services Day Recap



On March 11th, the Youth and Social Development Department teamed up with the First Response Team to host a special March Break event at the Community Hall. This interactive afternoon gave children the exciting opportunity to meet local emergency service teams and explore their vehicles and equipment up close.

Representatives from Superior North EMS, Thunder Bay Fire, the Anishinabek Police Service (APS), and FWFN's own First Response Team (Erin and Stephen) were on site to share their knowledge and answer questions. Kids toured an ambulance, a fire truck, and a police cruiser—learning about the tools of the trade, how they work, and what they're used for. Demonstrations and hands-on experiences made it an unforgettable and educational day.

The children were full of curiosity and had plenty of thoughtful questions for each of the emergency crews. It was a fun and inspiring event that left a lasting impression!

Event Highlights from March

Your Money, Your Future – Budget & Investment Presentation

On Saturday, March 29th, community members came together for Your Money, Your Future, a financial literacy event focused on budgeting and investing. Hosted in partnership by the Housing, Employment & Training Departments, the day offered a mix of education and fun for all ages.

Attendees enjoyed a lively afternoon complete with bouncy castles, lunch, prizes, and valuable tips on how to manage money and plan for the future. It was great to see so many families participate and take an active interest in their financial wellbeing.

Reminder: If you're interested in learning more, you're welcome to attend upcoming Information Sessions on Investments and Budgeting. Drop in at the FWFN Orion Office from 11:00 a.m. to 1:00 p.m. on the following dates:

- Wednesday, April 2
- Wednesday, April 9
- Wednesday, April 16
- Wednesday, April 23
- Tuesday, April 29

It's your money and your future.

Welcoming Wealth Workshop: Financial Wellness & the Trauma of Money Method™

As Canada moves toward economic reconciliation, many First Nations are receiving significant wealth transfers—like the Robinson Huron Treaty Annuity Settlement—and are stepping into greater financial independence. The Welcoming Wealth workshop helps individuals and communities build a healthy relationship with money through an Indigenous-led approach.

Facilitated by Carol Ann Budd and Taylor Fox, both certified Trauma of Money™ facilitators with strong ties to Sagamok and Nipissing Nations, the workshop focuses on financial awareness, overcoming scarcity thinking, and empowering participants to plan for a more abundant future.



**Carol Ann Budd,
B.Sc.Eng., CFP®,
CIM®, FCSI®,
Trauma of Money™
Facilitator**



**Taylor Fox, MBA,
Trauma of Money™
Facilitator**

With a 96% recommendation rate, this workshop has helped participants:

- Recognize patterns in financial behavior
- Build long-term strategies
- Shift into an abundance mindset

The workshop structure includes three parts: exploring our money history, shifting narratives, and removing obstacles to future goals. Each session is guided with reflection and workbook activities to foster lasting change.

For more information, please click here: [Welcoming Wealth Brochure](#)

If you are interested in this workshop, please contact Marienne Andersson at marienneandersson@fwfn.com or via phone at 807-623-9543 Ext.609.

Community Easter Draws

Deadline: April 14, 2025, at 3:30pm

Draw Date: April 15, 2025, at 10:00am

Hop into the Easter spirit with our exciting Easter Draws! We are thrilled to offer a chance to win fantastic prizes.

How to Enter:

Send an email to healthreception@fwfn.com with *your name, phone number, and address included*.

If you don't have an email, you can reach the Health Department by calling 807-622-8802 during business hours, which are from 9am to 4pm, Monday through Friday.

- The Health and Wellness Department



How to Receive Future Issues

This digital newsletter will be available via:

- Email (by registering your email address)
- The Hawk App
- Our website

To subscribe via email, please contact

KaijaMacKay@fwfn.com or sign up through our website on the [Communications Page](#).

We welcome your feedback and suggestions as we continue to improve your community newsletter!

FWFN Local Business Spotlight

We are proud to support and showcase the amazing businesses within our community! Each month, we will feature one Business Spotlight, giving a detailed look at a local business and its contributions. Additionally, we will list other community businesses to help promote their services.

Want Your Business Featured?

If you would like to be considered for the Business Spotlight or included in our local business listings, please send the following information via email to KaijaMacKay@fwfn.com:

- Business Name & Owner's Name
- A brief description of what your business offers
- Contact Information (phone, email, website, or social media)
- A photo (if available)

Each month, we will select a different business for the Spotlight Feature, while all other submitted businesses will be listed in our Local Business Directory section.

Let's celebrate and support the entrepreneurs within our community!

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